St. Ambrose Catholic Primary School – PSHE/RSE Curriculum Overview

Autumn Term 1 2026

	Week 1 **WB 1st Sept**	**Week 2** **WB 7th Sept**	**Week 3** **WB 14th Sept**	**Week 4** **WB 21st Sept**	**Week 5** **WB 28th Sept**	**Week 6** **WB 5th Oct**	**Week 7** **WB 12th Oct**	**Week 8** **WB 19th Oct**
Other Events This Week			Recycle Week	Jeans for Genes Week European Day of Languages (26th September)		International Walk to School Month Black History Month	International Walk to School Month Black History Month	International Walk to School Month Black History Month
Nursery	Settling In	World First Aid Day (12th September)	EYFS, Module 1, Unit 1 Story Sessions: Handmade with Love 5 x 5–10-minute sessions over 5 days	EYFS, Module 1, Unit 2 Session 1: I Am Me	World Smile Day (2nd October)	World Mental Health Day (10th Oct)	EYFS, Module 1, Unit 2 Session 2: Heads, Shoulders, Knees and Toes	Black History Month
Reception	Settling In	World First Aid Day (12th September)	EYFS, Module 1, Unit 1 Story Sessions: Handmade with Love 5 x 5–10-minute sessions over 5 days	EYFS, Module 1, Unit 2 Session 1: I Am Me	World Smile Day (2nd October)	World Mental Health Day (10th Oct)	EYFS, Module 1, Unit 2 Session 2: Heads, Shoulders, Knees and Toes	Black History Month
Year 1	"I'd Like My Teacher to Know" Activity	World First Aid Day (12th September)	KS1, Module 1, Unit 1 Story Sessions: Let the Children Come 5 x 10-minute sessions over 5 days	KS1, Module 1, Unit 2 Session 1: I Am Unique	World Smile Day (2nd October)	World Mental Health Day (10th Oct)	KS1, Module 1, Unit 2 Session 2: Girls and Boys	Black History Month

Year 2	"I'd Like My Teacher to Know" Activity	World First Aid Day (12th September)	KS1, Module 1, Unit 1 Story Sessions: Let the Children Come 5 x 10-minute sessions over 5 days	KS1, Module 1, Unit 2 Session 1: I Am Unique	World Smile Day (2nd October)	World Mental Health Day (10th Oct)	KS1, Module 1, Unit 2 Session 2: Girls and Boys	Black History Month
Year 3	"I'd Like My Teacher to Know" Activity	World First Aid Day (12th September)	LKS2 Module 1, Unit 1 Story Sessions: Get Up! 5 x 15-minute sessions over 5 days	LKS2 Module 1, Unit 1 Session 2: The Sacraments	World Smile Day (2nd October)	World Mental Health Day (10th Oct)	LKS2 Module 1, Unit 2 Session 1: We Don't Have to be the Same	Black History Month
Year 4	"I'd Like My Teacher to Know" Activity	World First Aid Day (12th September)	LKS2 Module 1, Unit 1 Story Sessions: Get Up! 5 x 15-minute sessions over 5 days	LKS2 Module 1, Unit 1 Session 2: The Sacraments	World Smile Day (2nd October) LKS2 Module 1, Unit 2 Session 1: We Don't Have to be the Same	World Mental Health Day (10th Oct)	LKS2 Module 1, Unit 2 Session 2: Respecting our Bodies + Classroom Shorts	Black History Month
Year 5	"I'd Like My Teacher to Know" Activity	World First Aid Day (12th September)	UKS2 Module 1, Unit 1 Story Sessions: Calming the Storm 5 x 15-minute sessions over 5 days	UKS2 Module 1, Unit 2 Session 1: Gifts and Talents	World Smile Day (2nd October) UKS2 Module 1, Unit 2 Session 2: Girls' Bodies	World Mental Health Day (10th Oct)	UKS2 Module 1, Unit 2 Session 3: Boys' Bodies	Black History Month
Year 6	"I'd Like My Teacher to Know" Activity	World First Aid Day (12th September)	UKS2 Module 1, Unit 1 Story Sessions: Calming the Storm 5 x 15-minute	UKS2 Module 1, Unit 2 Session 1: Gifts and Talents	World Smile Day (2nd October)	World Mental Health Day (10th Oct)	UKS2 Module 1, Unit 2 Session 3: Boys' Bodies	Black History Month

			sessions over 5 days		UKS2 Module 1, Unit 2 Session 2: Girls' Bodies			

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Autumn Term 2 2026

	Week 1 **WB 2nd Nov**	**Week 2** **WB 9th Nov**	**Week 3** **WB 16th Nov**	**Week 4** **WB 23rd Nov**	**Week 6** **WB 30th Nov**	**Week 7** **WB 7th Dec**	**Week 8** **WB 14th Dec**
Other Events This Week		World Diabetes Day (14th November) Inter-Faith Week	HSBC Children In Need (20th November)	UK Parliament Week	St. Andrew's Day (30th November)		
Nursery	EYFS, Module 1, Unit 2 Session 3: Ready Teddy? + Classroom Shorts	Remembrance Day (11th November)	Road Safety Week	Anti-Bullying Week	International Day of People with Disabilities (3rd October)	Human Rights Day (10th December)	EYFS, Module 1, Unit 3 Session 1: I Like, You Like, We All Like!
Reception	EYFS, Module 1, Unit 2 Session 3: Ready Teddy? + Classroom Shorts	Remembrance Day (11th November)	Road Safety Week	Anti-Bullying Week	International Day of People with Disabilities (3rd October)	Human Rights Day (10th December)	EYFS, Module 1, Unit 3 Session 1: I Like, You Like, We All Like!
Year 1	KS1, Module 1, Unit 2 Session 3&4: Clean and Healthy (My Body) + Classroom Shorts (to be split over two sessions)	Remembrance Day (11th November) KS1, Module 1, Unit 2 Session 3&4: Clean and Healthy (My Body) + Classroom Shorts (to be split over two sessions)	Road Safety Week	Anti-Bullying Week	International Day of People with Disabilities (3rd October)	Human Rights Day (10th December)	KS1 Module 1, Unit 3 Session 1: Feelings, Likes and Dislikes
Year 2	KS1, Module 1, Unit 2 Session 3&4: Clean and Healthy (My Body) + Classroom Shorts	Remembrance Day (11th November) KS1, Module 1, Unit 2 Session 3&4: Clean and	Road Safety Week	Anti-Bullying Week	International Day of People with Disabilities (3rd October)	Human Rights Day (10th December)	KS1 Module 1, Unit 3 Session 1: Feelings, Likes and Dislikes

	(to be split over two sessions)	Healthy (My Body) + Classroom Shorts (to be split over two sessions)					
Year 3	LKS2 Module 1, Unit 2 Session 2: Respecting our Bodies + Classroom Shorts 40 minutes	Remembrance Day (11th November)	Road Safety Week	Anti-Bullying Week	International Day of People with Disabilities (3rd October)	Human Rights Day (10th December)	LKS2 Module 1, Unit 2 Session 3: What is Puberty?
Year 4	LKS2 Module 1, Unit 2 Session 3: What is Puberty?	Remembrance Day (11th November) LKS2 Module 1, Unit 2 Session 4: Changing Bodies	Road Safety Week	Anti-Bullying Week	International Day of People with Disabilities (3rd October)	Human Rights Day (10th December)	LKS2 Module 1, Unit 2 Session 5: Male/Female Discussion Groups
Year 5	UKS2 Module 1, Unit 2 Session 4: Spots and Sleep + Classroom Shorts	Remembrance Day (11th November)	Road Safety Week	Anti-Bullying Week	International Day of People with Disabilities (3rd October)	Human Rights Day (10th December)	UKS2 Module 1, Unit 3 Session 1: Body Image
Year 6	UKS2 Module 1, Unit 2 Session 4: Spots and Sleep + Classroom Shorts	Remembrance Day (11th November)	Road Safety Week	Anti-Bullying Week	International Day of People with Disabilities (3rd October)	Human Rights Day (10th December)	UKS2 Module 1, Unit 3 Session 1: Body Image